## WW Points Log v2

Food	Used	Deposit	Balance
Daily Nutrition			
Water Daily Vite	min	)	
Fruits & Activity F	oints -	) — —	. —
Vegetables	L		
Notes Weekly Points			
35 34 33	32 31		29
	25 24		22
21 20 19	18 17	16 1	5
14 13 12	11 10	9	8
7 6 5	4 3	2	1

WW Points Log v2

			<b>Dutc.</b>			
Food				Used	Deposit	Balance
Daily Nutri	tion					
Water		Dairy	Daily Vitar	nin	]	
Fruits & Vegetables		Oils [	Activity Po	oints		
Notes			Weekly Points			
			35 34 33	32 31	30 Z	19
						_
			28 27 26	25 24	23 2	2
			21 20 19	18 17	16 1	5
			14 13 12	11 10	9	3
						_
			7 6 5	4 3	2	1